Milton Surgery Patient Participation Group

a. Date: 15 March 2017 Time: 7 pm Venue: Milton Surgery

b. Apologies:

Frankie Williams John Uttin Jane Coston Hazel Smith Jane Thomas

Present:

Bob Pain (BP) committee member Sally Bradley (SB) committee member Eileen Henderson (EH) committee member Bryan Betson (BB) chairperson Barry Line (BL) committee member Sue Nunn (SN) committee member Chris Thomas (CT) committee member Angie Carpenter (AC) secretary Pam Vincett (PV) manager Hazel Smith (HS) committee member

c. Acceptance of last minutes

d. Reports from BP, JC and SN regarding enquiries into the 2017 Health Fair SN reported having met with the appropriate body regarding PPG input into the School BBQ event. She advised them that our input would not be profit making and would probably involve a stall for the children with games relating to healthy living. SN was asked what monies the PPG might contribute to the event and the PPG wondered if maybe they did not understand what our intended involvement might be, and that it would not involve money at all. EH suggested that maybe they might be worried that we would duplicate something that they were planning to do, and were therefore a bit concerned about our intended input. She pointed out that the role of the event organisers primarily is fundraising and that they might see our input as competition.

PV asked if JC had made any progress with TESCO and asking if they would be able to provide fruit for the event. He also emphasized that our input would be purely to promote a healthy lifestyle with the children. He advised us that he would be at this event in his role as cub leader.

e. Further discussions and planning on Health Fair 2017

It was decided to arrange a further meeting with the BBQ organisers to clarify our position as non- fund raisers and purely as a body promoting health and the surgery. BP will also speak to JC regarding TESCO and donating fruit for the event. He also suggested that we should use the poster that the children at school did for us for last year's event.

It was also decided that the PPG input should be uncomplicated, and that maybe a stall with health related games for the children to play would be the best way forward for our input. AC will contact HPAC and book these. The PPG will discuss it further after we have gleaned further information at our next meeting.

f. Way Forward

PV advised the group that she had acted on the request of the group to discover the views of the partners on all the changes ongoing and planned, affecting the NHS and general practice. She presented the views of Dr. Hunt regarding the future of Primary Care. The PPG thanked PV and Dr. Hunt for this input.

PV also advised us that they are close to deciding on the replacement for Dr. Steward. Applicants have all been female.

PV has copied interesting information taken off the CCG (clinical commissioning group) website (*cambridgeshireandpeterboroughccg.nhs.uk*). Titled 'Our work and priorities' it makes interesting reading. Looking at standards and priorities it presents information to all on what is expected of CCG's. To read this information please go to the CCG website and click on 'about us'. She also advised us that the GP Forward View is incorporated in this document and can be accessed by clicking on that link. If you want to find out what is going on with your local CCG, visit the site, it is excellent.

PV reports that a receptionist has left the practice, but that a new one will be starting soon. The practice is still currently one receptionist down but this will be followed up in the near future.

PV advised the group of the latest on the possible move of the out of hours service to Addenbrooke's Hospital, as had been previously been mentioned. She advised us that there have been no decisions made yet. Discussion followed on the implications of such a move, should this ever happen, on the community.

PV advised the group that the Princess of Wales Minor injuries Unit at Ely is still operating, although there is no Xray facility available after 1700. Should you attend after this and an Xray be required, you would be sent to either Addenbrooke's or Hinchingbrooke.

g. Any other business

EH asked again about how patients could **thank Dr. Steward** for her service to them over the years. This is all in hand.

HS introduced the problem of **Social Isolation** to the group, and the work that she and a **special interest group** in South Cambs are involved in. She asks if we have any ideas about how things may be improved to provide feedback. The group is meeting every 2 weeks until the end of summer.

PV suggested the group makes contact with the Discharge teams at our local hospitals.

CT and BP suggested they contact the community navigators.

BB emphasised the importance of continuity of care and the importance of both psychological and physical support for patients once discharged into the community.

BP emphasized the importance of the **Community Navigator** role, in directing people towards relevant bodies, and both he and SN acknowledged her hard work.

PV pointed out the need for **confidentiality** in these matters, and how once people are discharged from hospital there are protocols to be followed, and that the discharge information is confidential, and cannot, without patient approval, be given to just any body.

AC suggested that maybe patient consent could be gained from the hospital discharge team and recorded on the discharge note if not done so already. PV advised that **Home Helps** are available and that needy patients are given a week of support on hospital discharge if required.

BB advised the PPG on the provision of a new **Warden operating in Landbeach and Waterbeach**. PV asked BB if Milton Surgery could be advised of this person's contact number as Milton Surgery has patients in both villages.

BB advised the group of the **mental health self-referral system** operating in Cambridge and Peterborough NHS Foundation Trust for people to refer themselves for mental health care. The IAPT (Psychological Wellbeing Service) previously required a GP referral, but it is now available as a self-referral service. Go online to *cpft.nhs.uk* where detailed information is available. If you do not have internet access and need help for an emergency mental health issue you can access the help on telephone via the 111 service by pressing 'option 2' for the First Response Service.

Community Café

This is going well with regular members, but SN feels that new members could be encouraged more. PV suggests perhaps a new poster campaign will help?

h. Date of Next Meeting: TUESDAY 16 MAY 2017.

i. Meeting closed.